Coastal Tennis

2019/20 Tennis Programmes



at City Beach Tennis Club, 6 Frinton Avenue, City Beach. Head Coach Nick Kirkbride 0419 923 495 www.coastaltennis.com.au

COASTAL TENNIS JUNIOR COACHING 2019/20 All groups will run for an 8 week duration			ANZ PETS (tennis			
Class type	Day	Class time	Term 4 commences	Term 1 commences	Group size	Cost per term
	Friday	3.45 to 4.15pm	18th Oct 19 7th Feb 20		4 max.	\$120.00
	Saturday	9.45 to 10.15am	19th Oct 19	8th Feb 20	4 max.	\$120.00
TINY TENNIS 3-5 yrs	Monday	10.15 to 10.45am	21st Oct 19	10th Feb 20	4 max.	\$120.00
Modified equipment used	Monday	3.45 to 4.15pm	21st Oct 19	10th Feb 20	4 max.	\$120.00
Launch pad stage	Tuesday	3.45 to 4.15pm	22nd Oct 19	11th Feb 20	4 max.	\$120.00
	Wednesday	3.45 to 4.15pm	23rd Oct 19	12th Feb 20	4 max.	\$120.00
	Thursday	3.45 to 4.15pm	24th Oct 19	13th Feb 20	4 max.	\$120.00
	Friday	4.15 to 5.00pm	18th Oct 19	3th Oct 19 7th Feb 20		\$150.00
	Friday	5.00 to 5.45pm	18th Oct 19	7th Feb 20	6 max.	\$150.00
JUNIORS 5-7 yrs	Saturday	9.00 to 9.45am	19th Oct 19	8th Feb 20	6 max.	\$150.00
Modified	Monday	4.15 to 5.00pm	21st Oct 19	10th Feb 20	6 max.	\$150.00
equipment used	Tuesday	4.15 to 5.00pm	22nd Oct 19	11th Feb 20	6 max.	\$150.00
Red stage	Wednesday	4.15 to 5.00pm	23rd Oct 19	12th Feb 20	6 max.	\$150.00
	Wednesday	5.00 to 5.45pm	23rd Oct 19	12th Feb 20	6 max.	\$150.00
	Thursday	4.15 to 5.00pm	24th Oct 19	13th Feb 20	6 max.	\$150.00
	Friday	4.00 to 5.00pm	18th Oct 19	7th Feb 20	8 max.	\$180.00
	Friday	5.00 to 6.00pm	18th Oct 19	7th Feb 20	8 max.	\$180.00
JUNIORS 8+ yrs	Saturday	9.00 to 10.00am	19th Oct 19	8th Feb 20	8 max.	\$180.00
Beginner Level	Monday	4.00 to 5.00pm	21st Oct 19	10th Feb 20	8 max.	\$180.00
Modified balls used	Tuesday	4.00 to 5.00pm	22nd Oct 19	11th Feb 20	8 max.	\$180.00
Orange stage	Wednesday	4.00 to 5.00pm	23rd Oct 19	12th Feb 20	8 max.	\$180.00
	Wednesday	5.00 to 6.00pm	23rd Oct 19	12th Feb 20	8 max.	\$180.00
	Thursday	4.00 to 5.00pm	24th Oct 19	13th Feb 20	8 max.	\$180.00
	Friday	4.00 to 5.00pm	18th Oct 19	Oct 19 7th Feb 20		\$180.00
	Friday	5.00 to 6.00pm	18th Oct 19	7th Feb 20	8 max.	\$180.00
JUNIORS 8+ yrs	Saturday	9.00 to 10.00am	19th Oct 19	8th Feb 20	8 max.	\$180.00
Intermediate Level	Monday	4.00 to 5.00pm	21st Oct 19	10th Feb 20	8 max.	\$180.00
Modified balls used	Tuesday	4.00 to 5.00pm	22nd Oct 19	11th Feb 20	8 max.	\$180.00
Green stage	Wednesday	4.00 to 5.00pm	23rd Oct 19	12th Feb 20	8 max.	\$180.00
	Wednesday	5.00 to 6.00pm	23rd Oct 19	12th Feb 20	8 max.	\$180.00
	Thursday	4.00 to 5.00pm	24th Oct 19	13th Feb 20	8 max.	\$180.00
JUNIORS SQUAD	Friday	5.00 to 6.30pm	18th Oct 19	7th Feb 20	8 max.	\$210.00
Yellow stage	Monday	5.00 to 6.30pm	21st Oct 19 10th Feb 20 8 ma		8 max.	\$210.00
JUNIOR CLUB 19/20	Friday	5.00 to 6.30pm	Term 4 - 11th Oct 19			h Feb 20
9yrs and over	Wednesday	5.00 to 6.30pm	Term 4 - 16th Oct 19 Term 1 - 12th Feb 20			
MEMBERS ONLY For information on Membership or Playing Pennants, email: managercbtc@gmail.com				il.com		

COASTAL TENNIS ENROLMENT FORM 2019/20 Junior Class Adult Class School Holiday Clinic Class Day: Class Type: **Class Time:** Name: (Classes may be subject to change depending on enrolment numbers) Your Email: Your Mobile: **Home Phone:** Cheques payable to Coastal Tennis and returned on the first day of coaching. Or enrol online at www.coastaltennis.com.au or pay into the Direct Debit Account: Coastal Tennis BSB 036 226 Acc. 517 488. For all enrolments and enquiries ring Nick 0419 923 495 **Pro Shop** city beach oval city beach oceanic drive We support Tennis Only and stock demo · fitbit. we are here challenger parade west coast highwa\ racquets. We also offer a 24 hour return refrinton ave stringing service.

COASTAL TENNIS ADULT COACHING 2019/20							
Class type	Day	Class time	Commences	Commences	Group	Per term	Duration
MATCH PLAY CLASS	Monday	7.00 to 8.30pm	14th Oct 19	3rd Feb 20	8 max.	\$25.00 per class	8 weeks
Match Play Class for those of an intermediate/advanced standard that is made up of game based drills and also doubles play.							
ADULTS MORNING	Friday	9.15 to 11.15am	18th Oct 19	7th Feb 20	8 max.	\$30.00 per class	8 weeks
ADULTS CLASS	Tuesday	6.30 to 7.30pm	15th Oct 19	11th Feb 20	6 max.	\$185.00	8 weeks
Learn the fundamentals of the game in this 8 week program. Includes an introduction to match play							

Learn the fundamentals of the game in this 8 week program. Includes an introduction to match play.

TWILIGHT TENNIS 19/20 **MEMBERS ONLY**

Ring Nick 0419 923 495

Wednesday 5.00 to 7.00pm Term 4 - 16th Oct 19 Term 1 - 12th Feb 20

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- Free trial on first session for non-members, includes social sets & coaching tips... Twilight membership \$150 allows play Monday to Friday after 5pm For more information email: managercbtc@gmail.com

CARDIO TENNIS - Max of 8 participants per session. Ring Nick 0419 923 495

Monday	9.15 to 10.15am	6.00 to 7.00pm	14th Oct 19
Tuesday	9.15 to 10.15am	6.30 to 7.30pm	15th Oct 19
Wednesday	9.15 to 10.15am	-	16th Oct 19
Thursday	9.15 to 10.15am	-	17th Oct 19

CARDIO BY APPOINTMENT - Group size 4-6

Get a group of friends together and enjoy exercising and playing tennis together. Book a term of 8 weeks for \$640 or hourly sessions \$90.

\$20 per class or \$170 for 10 sessions.

Come down and join into Tennis Australia's lastest initiative Cardio Tennis.

It's a great way to get fit whilst playing sport!!

Emphasis is on movement not technique so all standards and ages are welcome.

SCHOOL HOLIDAY CLINIC Day/dates	Class time	Group size	Cost		
Monday 7th to Friday 11th Oct 2019	9.00am to 12noon	8 max.	\$180.00 per week or \$45 per day		
Monday 16th to Friday 20th Dec 2019	9.00am to 12noon	8 max.	\$180.00 per week or \$45 per day		
Tuesday 28th Jan to Friday 31st Jan 2020	9.00am to 12noon	8 max.	\$145.00 per week or \$45 per day		
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Half day for 4 -7 yrs 9.00am to 10.30am \$100 per week or \$25 per day

PRIVATE TUITION - Discounted rates apply when booking a block of 8 or more lessons. Available for all ages. 1/2 hour \$45 1 hour \$80 Private tuition will help to take your game to the next level 3/4 hour \$60

To book a session at a time that suits you call Nick Kirkbride 0419 923 495